

Friday, August 21, 2026

Death Education Project Mtg 4

Location: The Marie-St. Juste Residence

Time: 6p

Whatever you need is in the room...

Miko opened our meeting with a song, reminding us that our guides, our medicine, our community, whatever we need is right around us, its in the room. Leah followed with a read of the times, a solar eclipse was near; they shared that it was a time to release that which was not serving us to make space for what was next, that which we wanted to call in even. Lalin the shared about a client who worried about her bills being paid, even on her deathbed it clouded her transition. When Lalin shared that the bills were paid she asked if she could then go through the door. We spent some time in small groups reflecting on and discussion what we called our deathbed anxieties, those worries and fears that were preven ing us from truly living. We then engaged in the types of practices that would help us release. Leah and Jo looked at family pictures spread across the floor; Jewell reflected on Jos moms iconic shoe collection. Tiffany and Laya made music in the studio. Jewell took a break from spellwork to manifest and do some paperwork. Dan learned to sew their own mojo bag. Lalin cleaned her altar and documented others; I sewed with Dan. Miko left a little early because she

had a 6a meeting. The night was sacred. Folks sharing medicine outside under the moonlight. Laya sharing a letter from their grandmother. We called in some wisdom from a sermon I heard in Arkansas

just weeks before. It was such a Buddhist sermon; so odd yet so timely. The preacher shared about making sure we stayed charged up. He spoke about getting a cancer prognosis but could recieve the news in such a grounded way because he was charged up. Instead of it being bad news that he had cancer, it was good news that they found it; He reminded us to stay in the the practices that ground us, that remind us that all w we need is in the rooms, that our people guide us, that are medicines are potent, that the community we create will sustain. Toward staying charged up...